

# ELISABETH KITZING

12 original songs - a journey from stress | 11 musicians | Debut album

## Tracks

1. Change My Mind (rock)
2. Come to Me (pop/rock)
3. Questions (bossa nova ballad)
4. Those Eyes (country ballad)
5. Now That I Have You (Country)
6. Everywhere (pop)
7. Our Father (pop)^
8. Rising (funk)
9. Just How Good (country)^
10. The Vine (pop)
11. Don't Worry\*\*\* (Electro pop)
- 12.. Every Day\*\* (Gospel)^

## Credits

**Elisabeth Kitzing** producer, lyrics, music, mixing, guitars, flute, bass., **PG Imsen** ^mixing, piano, organ, guitars., **Jesper Nordberg** bass/contra bass, **Albin Ekman** fiddle, **Dan Holmström** saxophone, **Anna Löwenmark\*\* & Rebecka Wendesten\*\*\*** guest soloists, **Johan Malmberg** banjo, **Marko Jelaca** live drums **Peo Larsson** dobro, **Jakob Josefsson** backing vocal  
**Mastering Nicholas di Lorenzo** Panorama Mixing & Mastering, Melbourne, Australien



In March of 2020, the composer, artist and music producer Elisabeth Kitzing is released her first album - **Change My Mind** after releasing her first single. Midnight Lullaby. Her song style is somewhere between Jill Johnson and Nina Person's from The Cardigans. The faith-based album is a mix of pop, 80-tals Rock, Country and

Gospel. Elisabeth has worked together with professional musicians, arranging, comping and mixing her music in her studio in the southern Swedish countryside.

Elisabeth was born and grew up in a dysfunctional home in New York. She became a Christian at the age of 10 when she also started playing flute, guitar and banjo. In her teens she toured with a band. Lacking faith in herself and herself, and without support from home, her dream of making music died at the age of 18 but she kept on writing songs. After testing various career paths, she found herself burnout in her mids and life felt meaningless. She started to paint, write music and write her thoughts about work related stress. This culminated in an art show called Souls Steam in 2012. Soon after that, she made a decision to listen to her heart, hop off of the grind and leave the stress behind. Elisabeth made her way back to music, and now she is singing about the unconditional love that saved her from herself.

The album begins with her decision to leave a hectic bank job in her mid twenties - a career path she had chosen to prove her worth. Then it explains how God knocked on the door of her heart convincing her "You are already loved, already valuable. You don't have to prove a thing!" His unconditional love lead her to change her mind about a lot of things, giving her purpose, joy and meaning. She hopes that this album will change others minds for the better too.

*"We live in a time when we're told to demonstrate our worth by achieving & owning things. This mindset can lead to burnout and stress. True happiness comes when you understand that you are loved unconditionally by God and your worth is a constant. Then you can focus on being yourself and enjoying life no matter what others think."*



**Voices:**

Vid en audition i Nashville Tennessee, U.S.A.:

**Ryan McMahon**, Director of A&R for Dred Rock Music Group:

*“Engaging, having fun, singing with conviction. I believe you which matters the most in this industry.”*

**Trace Taylor**, artist, songwriter, vocal trainer:

*“Shows real passion, Heart and soul. She is a great communicator and breaks the mould”*



**Följare/Community:**

*“Beautiful melodies”*

*“It’s good, I like it!”*

*“Excellent”* 👍

“💕💕💕💕💕”

*“So beautiful”* 🌷🥰❤️

*“Such a beautiful voice you have. Beautiful, comforting song...”*

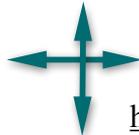


**Book Release**

Elisabeth is in the process of writing the “Change My Mind book”, explaining how each song on the album corresponds to stops along her journey from stress to rest in detail.



<https://soundcloud.com/elisabeth-kitzing>



**Gateways**

<https://direct.me/ekitzing> and <https://www.featherheadmedia.com/kopia-p%C3%A5-links>



**Digital Press Kit/EPK**

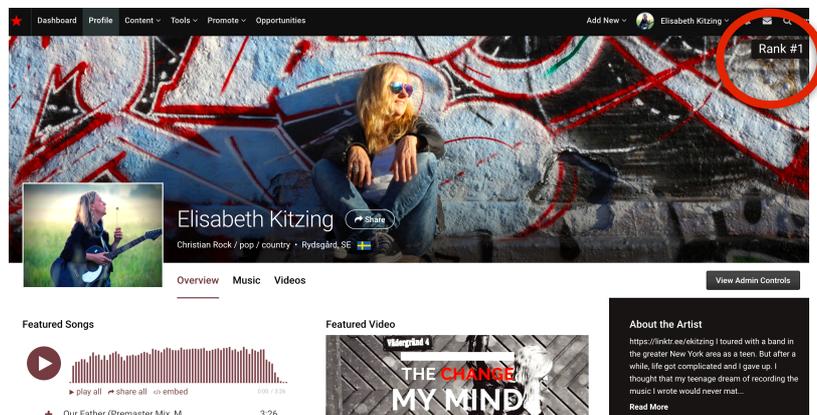
<https://www.featherheadmedia.com/epk>



**Reverbnation** Elisabeth has been #1 in

Christian Rock in Sweden for over two years on [reverbnation.com](https://www.reverbnation.com)

<https://www.reverbnation.com/elisabethkitzing>



**Label** Featherhead Media, Sweden

[www.featherheadmedia.com](http://www.featherheadmedia.com)



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